

How To Manage Home Buying Stress



Home buying can make you feel like a college student taking a final that you haven't studied for. Almost every home buyer feels stressed at some point in the home buying process. And according to Forbes, every 2 in 5 buyers described buying their first home as "the most stressful event in modern life." Yikes. But there are things you can do to make the journey to buying a home easier and less stressful. Consider the following:

Inform Yourself

The more you know about what you want and how you're going to get there, the more prepared and less stressed you'll feel. Talk to your friends and family who have recently bought a home and watch videos about the process. Manage your expectation by focusing on what you need in a home versus what you want before you start looking.

Work With the Right Professionals

Buying a home is a team effort. There's you, your agent, your lender, the home inspector, and all the other people supporting you. The quality of a team makes a major difference, so make sure your team is up to snuff.

Rely on Your Agent

Your agent is experienced and is there to help you. So use them and listen to their counsel. Whatever you're worried about, they'll likely have gone through it many times before and can help ease the process for you.

Be Patient

The old cliché stands: patience is a virtue. Buying a home is a marathon, not a sprint. If the process is taking longer than you originally planned, it's okay. You're likely buying a property for the long haul, so it makes sense that the buying process would take some time. All the time you spend finding the perfect place for you is well worth it in the end.

Still stressed about something? Give me a call and let's talk it out.



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